



Across the world, there is a rich diversity of culture, tradition, people and places. Within Guiding, we are encouraged to embrace our differences, celebrate our identity, respect our environment and enjoy the depth and breadth of discovery.

EXPLORE is an all-Section challenge badge celebrating the excitement, exploration and experience of an international adventure.

Whether you are a jet setter or a home-bird, a group or an individual, a Rainbow or a Trefoil Guild member, there is a Challenge to suit everyone.

So, what are you waiting for? Pull on your stout walking shoes, pack your real or imaginary backpack and take the first step on your epic international journey.

We wish you well on your travels and look forward to hearing from you soon.

EXPLORE – INTERNATIONAL CHALLENGE: *How To Get Started*

In order to achieve this badge,
you should follow these simple
steps >>>

1. Choose one of the three Challenge options.
2. Follow the instructions of your chosen Challenge
3. Complete the Challenge accordingly
4. Tell us about your international adventure
5. Order your badge(s) using the Order Form
6. Receive your badge and display with pride.

CHALLENGE A: *Going Away With Guiding*

To complete this challenge, you should do at least one of these clauses >>>

- Participate in a Guiding international trip from beginning to end.
- Participate in a Guiding Overseas Learning and Development Project (G.O.L.D. Project) from beginning to end.
- Visit a Guiding Head Quarters in another country.
- Visit one of the World Centres and spend at least one night there.
- Participate in an International themed residential event. The event should last for a minimum of:
 - one night for Rainbows and Brownies
 - two nights for Guides and Senior Section.

Keep a record of your experience. You could make a scrapbook or photo album, create a presentation using Microsoft Movie Maker or PowerPoint, or write a report or journal, as well as keep a memory box containing all your souvenirs and keepsakes.

CHALLENGE B: *Staying At Home With Guiding*

To complete this challenge, you should do the clause appropriate to your Section >>>

This Challenge requires the use of resources available either to buy from Trading Services and local depots, or to view or download on the Girlguiding UK website.

Rainbows

- Either complete Roundabout Festivals or Roundabout the World.

Brownies

- Take part in an International themed Unit challenge/Adventure, and complete one of the Brownie 'World' Interest badges i.e. World Traveller.

Guides

- Complete Go For It! Globalistic, and complete one of the Guide 'World' Interest badges e.g. World Issues.

Senior Section

- Complete the International octant of the Look Wider scheme.

CHALLENGE C: *Design Your Own Adventure*

To complete this challenge,

Rainbows should choose and do three of the clauses.

Brownies should choose and do four of the clauses.

Guides, Senior Section and Adult members should choose and do five of the clauses.

- Take part in an international food tasting session.
- Host an international-themed banquet or party.
- Host an international-themed dinner party for family or friends. You should prepare at least two courses.
- Make sweets, chocolates, desserts, biscuits, pastries or cakes based on a recipe from another country.
- Make or try bread from another country, such as Ciabatta, Pumpernickel, Brioche, Fougasse, Buchty, Naan, Soda Bread or Cornbread.
- Try a selection of exotic fruits and/or vegetables. Do you know their country of origin and how they grow i.e. on trees or vines, or in the ground? Maybe you could have a taste test or survey to discover the Unit's favourite.
- Fair Trade aims to provide farmers and growers a fair deal for their produce. Take part in a Fair Trade food event, such as a Fair Trade coffee morning, afternoon tea or chocolate tasting evening.
- Try at least one craft that uses a technique traditional to another country, such as Batik or Origami.
- Learn about traditional costume from another country. Design or make an item of clothing based on what you have learnt, or host an international-themed fashion show.
- Jewellery and body art have a prominent role in many cultures. The colours, styles or symbols used often have a specific meaning. Design or make your own item of jewellery, such as beaded necklaces or bracelets. Consider the colours you use and what they mean to you.
- Many countries have national emblems, including flowers, birds or animals. Find out the national emblems of four different countries, and design your own emblem, standard or flag, based on the culture and tradition in your home village, town, city or county.

CHALLENGE C: *Design Your Own Adventure* (Continued)

- Learn at least two songs of international origin or in a different language. You could hold an international-themed campfire.
- Learn a dance from another country.
- Watch a performance of international music, dance, drama or circus.
- Take part in a workshop or session where you can try a musical instrument or dance technique from another country, such as African drumming or Bollywood dancing.
- As a Unit or District, host an International Night. Choose a selection of different countries; include food, crafts, games, clothing, music etc.
- Learn about and celebrate World Thinking Day.
- Celebrate a festival.
- Light plays an important part in many festivals. As a Unit or District, plan and host your own 'Festival of Light'. Your 'festival' could take place inside or outside. Use candles, lanterns, campfire, torches, glow sticks or disco lights.
- Visit a place of worship, such as a mosque, temple, synagogue or church.
- Take part in an international –themed trail, treasure hunt or wide game.
- Play at least two games of international origin, or make up your own game based on an international theme, such as festival or folklore.
- As a Unit or District, host a mini-Olympics event. You could name your teams after different countries and make flags in support of your teammates.
- Plan a dream holiday or international Guiding trip. Use holiday brochures, travel guides and the Internet to help you. Consider budget, transport, accommodation, activities and places to visit. Share your ideas with others in your Unit.
- Throughout history, explorers have helped map our world and reveal the secrets that were once concealed within far-flung or unknown lands and seas. Plan an expedition or exploration to somewhere you have not been before.

EXPLORE – INTERNATIONAL CHALLENGE: *Useful Resources*

Useful Websites

- <http://www.britishmuseum.org/explore/cultures.aspx>
- www.workshopnetwork.co.uk
- <http://www.easy-kids-recipes.com/international-recipes.html>
- www.fairtrade.org.uk
- <http://www.wagggsworld.org/en/home>
- www.girlguiding.org.uk
- www.activityvillage.co.uk
- www.london2012.com

Useful Books

- Children's World Cookbook: Angela Wilkes, Sarah Khan and Nadine Wickenden
- Stories From Around The World: Heather Amery and Linda Edwards
- Kids Around the World Celebrate! Lynda Jones
- Make, Bake and Celebrate with Polly and Jago: Sarah Rowden, Mark Beech and Joanna Vestey
- The Usborne Book of World Religions: Susan Meredith and Nicholas Hewetson
- A World Of Ideas: The Guide Association

EXPLORE

INTERNATIONAL CHALLENGE

Feedback and Order Form: Part 1

Which Challenge did you do? *Circle as appropriate*

A

B

C

Who did you complete your Challenge with? *Circle as appropriate*

Individual

International
Group or
Contingency

Unit

District or
Division

Other.

Please tell us a little about your International Adventure? For example, where you went, what you did, new activities you tried, what you enjoyed or what you didn't enjoy.

If you would like to suggest any resources, such as books or websites, that may be of help to others working on this Challenge badge, please use the space below.

Feedback and Order Form: Part 2**Badge Description**

EXPLORE has been produced by one of the UK's finest badge makers. This beautifully made embroidered cloth badge is rectangular in shape and measures 2.5" x 4". Please see the first page of the badge pack for design.

PLEASE COMPLETE FORM IN BLOCK CAPITALS USING BLACK INK.

First Name(s)			
Surname			
Guiding Role			
Unit			
Delivery Address			
Town/City			
County		Postcode	
*Telephone No.		*Mobile No.	
*E-mail Address			

*These details will only be used if we have a query with your order/delivery.

How many badges would you like to order?	No.	
Price per badge	X	£1.40
Subtotal	=	£
Postage & Packaging	1 – 40 badges	+ £1.00
	40+ badges	+ £1.50
	International	+ £3.00
TOTAL	=	£

Please make cheques payable to 1st Caddington Brownie Pack.

Please send completed order forms and payment to:	If you have any queries, please contact:
<p>1st Caddington Brownies 15 Totternhoe Road DUNSTABLE Beds LU6 2AF</p>	<p>Brown Owl 07757 213246 <u>c.forder@tesco.net</u></p>

THANK YOU